



HUS Jorvi Hospital / Finnish Digestive Surgeon, Hernia association

## **HERNIA SYMPOSIUM**

### **Back to basics**

16-17.1.2025, HUS Jorvi Hospital, Auditorium  
Karvasmäentie 8, 02740 Espoo

**Organizer:** HUS Abdominal Center / Finnish Digestive Surgeons, Hernia Association

**Contact person:** Jaana Vironen

**Target group:** Residents and specialists in gastrointestinal and general surgery

Theoretical points (10 h) for specialist program have been applied from Helsinki University.

**Registration:** before 5.1.2025 to e-mail [toimisto@gastrokirurgit.fi](mailto:toimisto@gastrokirurgit.fi).

### **PROGRAM**

#### **Thursday 16.1.**

8.30-9.00 Coffee and opening of the session. Information on patients and indications

#### *Demo operations:*

- TEP (lap) and TAPP (robotic) in inguinal hernias
- Open hernia repair in local anaesthesia

#### *Presentations and discussions during the day:*

- 10 golden rules in mini-invasive inguinal hernia repair
- Normal convalescence / Complications after inguinal hernia surgery
- How to avoid/treat inguinal pain
- Patient insurance center cases / A. Mattila?

*Lunch and afternoon coffee in between the operations/presentations*

Conclusion of the day at 15.30-16.00.

Dinner

## **Friday 26.1.**

9.00 Information on patient and indications

*Demo operations from 10 am ->*

- Laparoscopic/robotic preperitoneal repair (vTAPP), epigastric/umbilical hernia

*Lunch around noon*

*Presentations in the afternoon:*

12.30 Current status of IPOM meshes /

13.00 Preformed hernia patch repair for small umbilical hernia / Prof. Tero Rautio, OYS

13.20 Dynamics of the abdominal wall and its effect on mesh size, place, and operation type /Prof. Friedrich Kallinowski, Heidelberg University

13.45 Core stability and missing abdominal wall / Dr. J-P van Wingerden, Netherlands

Discussion

Klo 15.00 Conclusion of the day